

30th August 2018



Executive Headteacher
Steve Springett-McHugh BA (Hons)

Associate Headteacher
Steve Weston BSc (Hons)

Dear Parents/Carers,

As you know:

- We believe parents are their children's first and most important educators.
- We are committed to developing a strong relationship between parents and school.
- We also encourage children to develop 'growth mind-sets', in which they believe that ability and success are not pre-determined, but due to learning.

We are therefore delighted to extend a growth and learning opportunity that we are piloting as a staff group in school to you as parents and carers as well.

We have invested in a multi-user licence for an award winning, quality marked, evidence based online course by the Solihull Approach (a national NHS organisation) and are therefore delighted to offer you FREE indefinite access to the course, normally £39 per person. The licence is valid until 20th October 2018 so please take advantage of this fantastic resource while you can.

Sign up for a secure account on www.inourplace.co.uk and apply the Access Code:
BUSHFIELDSEPT18

These courses are for ALL parents-to-be, parents, grandparents or carers of any child from the antenatal period to age 18 years who want to be the best they can be. You don't need to be struggling. This course is relevant to parents of all children, including those with special needs, autism, ADHD etc.

See attachment on how to use the Access Code. We welcome your feedback.

NB. You will be asked a few monitoring questions and your postcode to confirm that you are eligible to use these codes. Your responses will not be linked to your name. You will also be asked to create an account so that you can revisit the course anytime, on any device and resume where you left off. You will not receive any marketing emails. Your details will not be passed on to any third party.

We hope that this course will help you at home, but will also show you how we are understanding children's emotional needs and behaviour in school.

I completed the course over the summer and found it interesting and informative. There were suggestions and advice that I could immediately put into place backed up with scientific knowledge behind some of those difficult behaviours. Although all children and families are different, reflecting on some of the key areas of child development is an invaluable way to noticing different parenting methods.

The modules, which are around 15-20 minutes, include 'Communicating and Tuning in', 'Why Sleep is Important' and 'Self-regulation and Anger'. Your progress is displayed and it's easy to look

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back over previous modules if you want to refresh your memory. It was helpful to add a reminder to my calendar and try and do one or two modules a week, this meant that I could trial some of the suggestions between each one.

When you have completed the course, bring in your certificate (or email it to the school) and you will be entered into a prize draw – we have 40 £10 Tesco gift cards to give away.

If you have any questions, please feel free to contact me.

Best wishes,

Lindsey Macdonald

Inclusion Manager, Bushfield School

For further information about the course visit www.inourplace.co.uk

For technical queries email solihull.approach-parenting@heartofengland.nhs.uk

or ring

0121 296 4448 Mon-Fri 9am-5pm